

B & S BODYBUILDING PRESENTS

THE 2022 ALAMANCE BODYBUILDING SHOW

NAME: _____ NAME/# _____
 ADDRESS: _____
 EMAIL: _____
 AGE: _____ PHONE: _____

**EARLY REGISTRATION - FRIDAY JUNE 3RD, 2022, 5:PM - 8:PM AT BODY BY SILK INC., 510 WEST HARDEN DRIVE, GRAHAM, NC 27253,
 PHONE: 336-213-5819**

REGISTRATION & WEIGH-INS - SATURDAY JUNE 4TH, 2022 7:30AM - 9:AM AT PARAMOUNT THEATER, 128 EAST FRONT STREET, BURLINGTON, NC 27215

SHOW TIMES -SATURDAY JUNE 4TH, 2022 AT PARAMOUNT THEATER, 128 EAST FRONT STREET, BURLINGTON, NC 27215, PHONE: 336-222-8497

ATHLETES BRIEFING: 9:30AM, PREJUDGING: 10:30AM, THERE WILL BE A 1 HOUR INTERMISSION AFTER GROUP COMPARISONS. INDIVIDUAL PRESENTATIONS & AWARDS WILL FOLLOW IMMEDIATELY AFTER THE INTERMISSION.

OPEN CLASSES**MEN BODYBUILDING**

- LIGHT (UNDER 165)
 MIDDLE (165 – UNDER 185)
 HEAVY (185 & OVER)

- WOMEN CLASSIC BODYBUILDING - (1 CLASS)**

WOMEN FIGURE

- CLASS A (5'5" & UNDER)
 CLASS B (OVER 5'5")

MEN CLASSIC BODYBUILDING

- CLASS A (5'8" & UNDER\180LBS & UNDER)
 CLASS B (OVER 5'8"\ OVER 180LBS)

WOMEN BIKINI

- CLASS A (5'5" & UNDER)
 CLASS B (OVER 5'5")

MEN PHYSIQUE

- CLASS A (5'7" & UNDER)
 CLASS B (OVER 5'7")

- WOMEN PHYSIQUE - (1 CLASS)**

MEN BEACH BODY

- CLASS A (5'8" & UNDER)
 CLASS B (OVER 5'8")

WOMEN BEACH BODY

- CLASS A (5'5" & UNDER)
 CLASS B (OVER 5'5")

MASTER CLASSES**MEN MASTERS BODYBUILDING**

- 35-49
 50+
 60+

WOMEN MASTERS BODYBUILDING

- 35+ (1 CLASS)

WOMEN MASTERS FIGURE

- 35-49
 50+

MEN MASTERS CLASSIC BODYBUILDING

- 35-49
 50+

WOMEN MASTERS BIKINI

- 35-49
 50+

MEN MASTERS PHYSIQUE

- 35-49
 50+

WOMEN MASTERS PHYSIQUE

- 35+ (1 CLASS)

MEN MASTERS BEACH BODY

- 35-49
 50+

WOMEN MASTERS BEACH BODY

- 35-49
 50+

NOVICE CLASSES

- MEN NOVICE BODYBUILDING - (1CLASS)**

- WOMEN NOVICE FIGURE - (1 CLASS)**

- MEN NOVICE PHYSIQUE - (1CLASS)**

- WOMEN NOVICE BIKINI - (1 CLASS)**

- MALE TEEN BODYBUILDING - (1 CLASS)**

ENTRY FEES

LATE FEE APPLIES POST MARKED AFTER
MAY 22ND, 2022

B&S PRODUCTION CHAMPIONSHIPS

SINGLE CLASS: \$80

CROSSOVER: \$60

LATE FEE \$60

WALK-INS: \$160

TICKETS AVAILABLE AT WWW.ETIX.COM

ADULTS: \$30

CHILDREN UNDER 12: \$15

CHILDREN UNDER 5: FREE

BACKSTAGE PASS: \$50

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EMCEE USE ONLY

BIO SHEET

NAME/NUMBER _____

CLASSES _____

PLEASE COMPLETE THIS FOR THE EMCEE

AND RETURN WITH YOUR ENTRY FORM

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YOUR ENTRY FORM, INCLUDING THE BIO SECTION MUST BE FULLY COMPLETED AND SIGNED. SEND APPLICATION ALONG WITH YOUR ENTRY FEES TO: MARILYN WELCH ✦ CONTEST PROMOTER ✦ 2779 SOUTH CHURCH STREET ✦ SUITE 201 ✦ BURLINGTON ✦ NC 27215
ENTRY FEES MUST BE PAID BY CASHAPP (\$IMAGEBYBOYD68), CASHIER'S CHECK OR MONEY ORDER. NO PERSONAL CHECKS! - NON REFUNDABLE!
***MORE INFORMATION ✦ CALL ✦ AL SMITH 336 ✦ 269 ✦ 4287 OR 336 ✦ 214 ✦ 4022 ✦**

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✦ **CONTEST RULES** ✦ FOR COMPLETE LIST OF COMPETITION RULES VISIT WWW.NCMEGAMUSCLE.COM

✦ **ALL COMPETITORS** ✦ **NO** THONGS ARE PERMITTED. **NO** PROFANITY OR VULGAR MUSIC WILL BE PLAYED! COMPETITORS WILL PERFORM A 60 SECOND ROUTINE IN THE FINALS. PLEASE PROVIDE 2 CDS (JUST IN CASE OF MALFUNCTION) 60 SECONDS MAXIMUM-ONLY ONE SONG PER CD ALLOWED!

✦ **BODYBUILDING COMPETITORS** ✦ PREJUDGING: SOLID COLOR POSING SUITS, JEWELRY IS **NOT** ALLOWED, WEDDING BANDS ARE OK. FINALS: POSING SUIT WITH GLITTER IS OK, JEWELRY IS ALLOWED.

✦ **CLASSIC BODYBUILDING COMPETITORS** ✦ **MEN COMPETITORS** ARE REQUIRED TO WEAR "CLASSIC POSING SWIM SUIT". **NO BEACH BODY OR BOARD SHORTS ARE ALLOWED.** SEE THIS LINK FOR AN EXAMPLE; WWW.ANDREASCAHLING.COM/CLASSIC-POSING-SWIM-SUIT.ASPX.

✦ **PHYSIQUE COMPETITORS** ✦ **WOMEN'S PHYSIQUE COMPETITORS** WILL COMPETE IN A TWO PIECE SUIT AND SUITS DO NOT HAVE TO BE SOLID COLOR. COMPETITORS CAN COMPETE IN AN OFF THE RACK SUIT AND THE SUITS MUST BE IN GOOD TASTE. JEWELRY IS ALLOWED. **MEN'S PHYSIQUE COMPETITORS** WILL COMPETE IN BOARD SHORTS. SHORTS MUST BE JUST ABOVE THE KNEE AND CAN BE UP TO ONE INCH BELOW THE NAVEL. **NO** SPANDEX OR LOGOS ARE PERMITTED ON THE SHORTS, HOWEVER A MANUFACTURER'S LOGO SUCH AS NIKE OR BILLABONGS SYMBOLS ARE ACCEPTABLE.

✦ **FIGURE AND BIKINI COMPETITORS** ✦ **BIKINI AND FIGURE COMPETITORS:** TWO PIECE BIKINI OR TWO PIECE SWIMSUIT WILL BE WORN FOR ALL ROUNDS, JEWELRY IS ALLOWED ROUND ONE [PREJUDGING] AND ROUND TWO [FINALS] WILL BE CONDUCTED FOR THE FIGURE AND BIKINI COMPETITIONS. NO LEWD ACTS ARE PERMITTED.

✦ **BEACH BODY COMPETITORS** ✦ **WOMEN COMPETITORS** WILL COMPETE IN A TWO-PIECE SWIMSUIT WHICH CAN BE AN OFF THE RACK SUIT AND MUST BE IN GOOD TASTE. **NO** JEWELRY, SMALL EARRINGS AND WEDDING BANDS ARE ALLOWED. **MEN COMPETITORS** WILL WEAR SHORTS OR ANY TYPE THAT FALLS AT LEAST MIDWAY BETWEEN THE QUADS.

NAME _____ AGE _____

CITY & STATE _____ GYM OR SPONSOR _____

OCCUPATION _____

WHAT ARE YOUR HOBBIES? _____

PLEASE INCLUDE A **BRIEF** DESCRIPTION OF YOUR PARTICIPATION IN ANY BODYBUILDING OR ATHLETIC EVENTS.

REQUIREMENTS & WAIVER OF CLAIMS — READ CAREFULLY AND SIGN BELOW:

I HAVE PAID ALL REQUIRED FEES TO ENTER THE CONTEST. IN CONSIDERATION OF YOUR ACCEPTANCE TO THIS ENTRY FORM AND FEE, I WAIVE AND RELEASE ALL RIGHTS AND CLAIMS FOR DAMAGES AGAINST THE FOLLOWING PERSONS AND ORGANIZATIONS, BOBBY BOYD, AL SMITH, PARAMOUNT THEATER, AND ALL THEIR SPONSORS, ASSOCIATION, STAFF, ADMINISTRATORS, OFFICIALS, AGENTS, AND EMPLOYEES. THIS WAIVER APPLIES TO ANY INJURIES I MAY ACQUIRE WHILE TRAVELING TO AND FROM THE CHAMPIONSHIPS AT THE CONTEST SITE. I FURTHER AGREE TO ABIDE BY DECISIONS OF THE OFFICIALS. I DECLARE THAT ALL THE INFORMATION CONTAINED WITH THIS APPLICATION IS TRUE TO THE BEST OF MY KNOWLEDGE, AND IS CORRECT AND COMPLETE. I FURTHER AGREE TO HOLD HARMLESS, WAIVE AND RELEASE ALL RIGHTS [PHOTOS, NAME AND LIKENESS, FOR MEDIA NEWSPAPER/TV VIDEO MAGAZINES] FOR THE 2022 ALAMANCE BODYBUILDING SHOW. I HAVE CAREFULLY READ ALL OF THIS INFORMATION AND UNDERSTAND IT. MY SIGNATURE BELOW CONSTITUTES MY UNDERSTANDING TO THE ABOVE WAIVERS.

CONTESTANT SIGNATURE _____ DATE _____

SIGNATURE OF GUARDIAN _____ DATE _____